

SMITHVILLE "RUNNING FOR ALL" HOMECOMING RUN - SEPTEMBER 29, 2006

Smithville MO USA www.SmithvilleCrossCountry.com

#	Directions	Odom	Approx Time	Course Info
1	Start at Lafayette High School. (St Joseph MO)	0	12:30 PM	Group shot in front of the Lafayette High School sign.
2	Left on Highland to Hwy 59	0.03		Nice and easy- use the sidewalk whenever possible.
3	Right on Highland to Main	1.20		Use the sidewalk whenever possible.
4	Left on Main to Jules (Historic marker)	1.40		Watch for trains, traffic and the ol' brick road.
5	Left on Jules to Frederick (Jules becomes Frederick then back to Jules)	2.00		Kind of confusing- FOLLOW DAN on this section.
6	Back on Jules to 22nd Street (371 South)	2.80		OK...who put the hills on this route...thanks Coach!!!
7	Right on 22nd Street (371 South) to U	25.10		Starts off in the hood then 25 miles of more hills.
8	Right on U (U becomes E) to B	34.40		YES...more hills! Rest break at Phillips 66 station.
Wave to Coach's Mom and Dad at mile 37.5 (A-Frame house on the left!!!!)				
9	Right on B to KK	38.10		YES...more hills! Thanks Coach!!! (First signs of home on KK)
10	Left on KK to 169	42.40		Finally...flat and smooth.
11	Right on 169 to Second Creek	43.20		Short turn, park by sign.
12	Right on Second Creek and park by sign	43.25		Group shot in front of Welcome to Smithville sign
13	Second Creek road, across 169 back to DD and down to Heritage park	43.50	5:30 PM	Group runs down to park. Rest, clean up and chill.
14	Right out of Park to Commercial (POLICE ESCORT)	43.60	6:15 PM	Group runs to school. Line up by grade- Seniors first.
15	Left on Commercial to Hospital Parking Lot entrance. (POLICE ESCORT)	44.00		We are almost there....you can hear the band.
16	On Dan's cue- Run down through Band Welcome to corner of field gate.	44.50	6:28 PM	44.5 total miles
	<i>At 6:30, on Coaches cue from press box, enter gate, proceed through</i>			Seniors take off and hand game ball to referees at about the 20 yard line. (on the field) Balance of team re-joins Spirit line and welcomes the parents of the CC seniors. (Senior parents wait at Spirit line until their runner hands off ball and unites at the Spirit line.) Senior parents and senior runners go thru Spirit line and go to 30 yard line. (on the track)
17	<i>Cheerleader Spirit line and around track one time. Coach will read about the run and ALL and how to help!</i>		6:30 PM	
18	At 6:33, Coach will start to read the Senior bios.		6:33 PM	As their name is read, the Senior and parents will proceed to the 50 yard line (again, staying on the track) When all seniors have been announced, all will exit back through the north gate.

CONTACTS / EMERGENCY NUMBERS

Dan Weinert- Run Coordinator / Bike Escort	816-506-2267 (cell)
Joan Weinert- Driver of support vehicle #1	816-516-8629 (cell)
Nel Chapman- Driver of support vehicle #2	816-456-9525
Laura Lee Schlaufner- Driver of support vehicle #3	816-808-7720
Marnie Conkling- Safety / Sag vehicle	816-878-1701
Coach Williams- Head Coach	816-665-2444 (cell)
Buchanan County Sherriff (St Joe)	816-271-5555
Clay County Sherriff (Smithville)	816-407-3750
Plate County Sherriff (Platte City)	816-858-3521
Missouri Highway Patrol	1-800-525-5555 or Cellular STAR (*) 55
Smithville Police Dept	816-532-0500